

## **How to talk to your child about the Coronavirus**

YouTube video from Jamie Howard, PhD, Director of Trauma and Resilience Service, Child Mind Institute. Video explaining how to talk to your child about the coronavirus.

<https://youtu.be/WhVad8ToCiU>

PBS website that has helpful information particularly geared toward early childhood regarding how to explain the coronavirus to young children and what parents can do to lessen their child's anxiety.

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

Parent Resource about talking to children about COVID-19 from the National Association of School Psychologists and the National Association of School Nurses

[https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020\\_NASP\\_NASN\\_COVID-19\\_parent\\_handout.pdf](https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020_NASP_NASN_COVID-19_parent_handout.pdf)